

Solving Life's Problems Without Medications



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Using the Healing Power of Your Brain

If you could overcome your ADD, ADHD, anxiety, depression, chronic fatigue, PMS or chronic pain without drugs, would you? If you could improve your family and personal relationships, make better career choices, function more effectively at life and have a more positive attitude, would you? At Achievement & Wellness Center, Dr. Maria DiDonato is dedicated to and passionate about making the dream of personal happiness a reality for people.



Dedication is Part of Our Difference



How many people around you are truly dedicated to helping you solve problems that may well be holding you back in life? Here at Achievement & Wellness Center, we are dedicated to improving the lives of individuals and their families who are faced with behavioral, emotional and/or learning disorders. We achieve this through leading-edge treatments in a compassionate environment where we provide specialized assessments, evaluations and individualized treatments to balance mind and body and improve skills and mental capacity so you can realize your potential in life.

Leading-Edge Help for Many Problems

Discover today's most effective treatment solutions for a wide variety of conditions and life challenges, including:

- ADD/ADHD Autism Spectrum Disorders Anxiety
- Bipolar disorder Depression Learning Disabilities
- · Migraines · OCD · Pain management
- Peak performance enhancement
 Seizures
- Stroke/brain injuries (concussion/TBI)
- Tics/Tourette's syndrome
 Parkinson's disease



Neurofeedback Therapy



We are the area's leader in EEG neurofeedback. neuropsychology and counseling psychotherapy treatments. Dr. DiDonato uses these therapies to treat depression, anxiety, concussion, TBI (traumatic brain injury), bipolar disorder and learning disabilities – as an alternative to medication. Many of our clients come to us depressed and down on themselves. We help them build more positive attitudes.

Help for ADD/ADHD

We also use neuropsychological evaluations to treat ADD and ADHD. The happy end result of our proven neuropsychology and neurofeedback therapies is that our patients overcome their disorders and life-challenges, and go on to lead happy, well-balanced, well-adjusted lives.



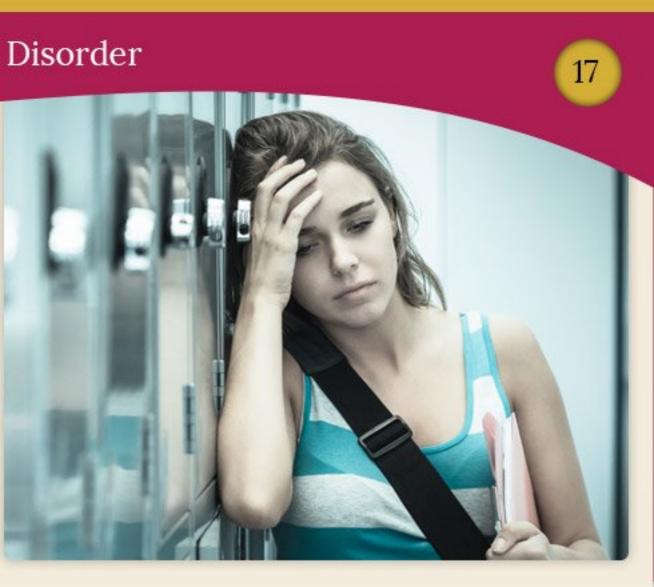
Help for Autism Spectrum Disorders



Clinical, research and extensive clinical practice in the United States and around the world have opened the door to treatment that includes autism spectrum disorders that include many emotional, behavioral and learning problems that affect peak performance. By combining thorough diagnostic measures with clinical counseling, psychotherapy and neurofeedback, many of Dr. DiDonato's patients receive the beneficial effects of treatment more quickly.

Help for Depression, Anxiety & Bipolar

We promote healing with non-drug and reduced-drug programs that combine traditional psychotherapy and neurotherapy. As the area's leader in EEG neurofeedback, neuropsychology and counseling psychotherapy treatments, Dr. DiDonato uses these therapies to treat depression, anxiety, bipolar disorder and learning disabilities – as an effective, safer alternative to medication.



Helping You Achieve Peak Performance



Dr. DiDonato's peak performance enhancement programs use neurofeedback, training. With nearly 20 years experience in neurofeedback, Dr. DiDonato can help improve the links between your physical behavior and brain function for more efficient resource allocation to meet your performance needs. Using the power of your own mind, you can learn to act more effectively, achieve peak performance in sports, and enjoy a better quality life.

HeartMath® for Heart, Brain, Body Con

We use HeartMath to create an alignment and connection between your mind and heart, and awaken the higher mental, emotional and spiritual capacities that are dormant within you. The happy end result of our proven neuropsychology and neurofeedback therapies is that our clients overcome their problems and life-challenges and go on to lead happy, well-balanced lives.



Meet Dr. DiDonato



Board-certified: Psychology, Certified School Psychologist

D.Ed.: Psychology, Indiana University of Pennsylvania, Indiana, PA

MA: Human Services, Rider University Lawrenceville, NJ Specialist: School Psychology, Rider University, Lawrenceville, NJ

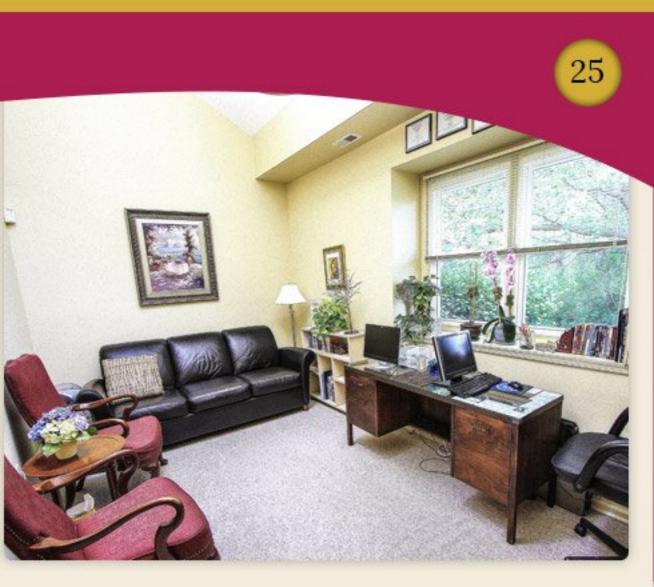
BA: Holy Family University, Philadelphia, PA
Member: International Society of Neurofeedback
Research, Pennsylvania Psychological Association,
Association of Pennsylvania School Psychologists,
National Association of School Psychologists, Northeast
Regional Biofeedback Society.

For Your Convenience

- Accepts MasterCard, Visa, AmEx, Discover, check, cash & debit cards
- Office Hours

Monday - Thursday: 1:00 pm - 8:00 pm Saturday by Appointment

- Prompt scheduling & appointments
- Some same-day appointments available
- Afternoon, evening & weekend appointments
- Handicapped-accessible



Contact Us





301 Oxford Valley Road, Suite 703B

Yardley, PA 19067

Call: 215.321.9502

Visit: AchieveWell.net

Email: info@AchieveWell.net





SAFE. EFFECTIVE SOLUTIONS THAT CAN CHANGE YOUR LIFE

